



## Get involved!

Heroes for Children needs your help. Whether through your company, service organization, or church group, you can make a difference for families with children with cancer.

Below are ways to get involved:

### Form a team!

Form a team for the annual Heroes for Children 5K Run/Walk to raise funds and support families with children with cancer. The 2008 Heroes for Children 5K Run/Walk is Saturday, September 13th.

### Have a Drive!

- Gift cards for Wal-Mart/Target
- New toiletry items for families living in the hospital
- Restaurant gift cards to help provide meals for families
- Goody bags for children's entertainment—coloring books, crayons, video games, movies, etc, to provide activities for children while in the hospital for treatment. Note—Heroes for Children does NOT accept donations of stuffed animals.

### Fundraise!

- Host a Jean's Day—employees pay to wear jeans to work. Create a fun way to fundraise that provides a reward to employees as well.
- Hold a Sale—Host a garage sale, bake sale, lemonade stand, etc. to raise funds
- Encourage employees or members to donate monthly through payroll deductions.
- Save your pennies! Collect change to add up in a big way. Have fun with your collections and make a competition.

For more information about getting involved, contact Larissa Linton at [llinton@heroesforchildren.org](mailto:llinton@heroesforchildren.org) or call 214-256-5824