



Dear Friends,

The 3rd annual Heroes for Children 5K Run/Walk will be held on Saturday, September 15, 2007 at The Shops at Legacy in Plano. The purpose of this event is to help raise money for Heroes for Children, a 501 (3)(c) non-profit organization, which provides financial and social assistance to families in Texas with children (ages 0 to 22) battling cancer. With your help, all the money raised directly supports families during this difficult time. This is such an exciting event, and we're ready to make it a successful one!

There are several ways you can help with this event. We are looking for special volunteers - people who like to help and have fun while supporting a great cause. We will have many opportunities for you, such as: set-up, tear-down, food/drink table, kids' play area, volunteer check-in, water stations, race course direction and registration, to name a few.

The event will begin at 8am, but most of the volunteers will need to arrive earlier, and by earlier we mean 5:30am. ☺ We need to have the tear-down complete by 10:30am, so you'll be done by then and can go home and take a nap if you need to.

Please fill in the following information so we can add you to our database:

Name _____
Email address _____
Address _____
Daytime phone number _____
Evening Phone number _____
Comments/Suggestions _____

If you know anyone who would like to sponsor, participate, or volunteer at this event, please pass this information on to them, or contact us at volunteer@heroesforchildren.org, or visit www.heroesforchildren.org to sign up.

Thank you so much for your commitment to helping Heroes for Children and supporting children with cancer and their families. Together we can ease the burden and enable families to focus on the most important part of treatment – the child.

Heroes for Children 5K Volunteer Chairperson:

Stacie Hampton
shampton@allstate.com

5K Volunteer Co-Chairs:

Christine Shanklin and Sheryl Peoples

For more information about Heroes for Children, visit www.heroesforchildren.org